

**FATH BAPTIST SCHOOL**

**Athletic Participation/Parental Consent/Physical Examination Form**

Separate examination is required for each school year June 1 of the current year through May 30 of the succeeding year.

**PART I- ATHLETIC PARTICIPATION** (to be filled in and signed by the student)

Name \_\_\_\_\_ School \_\_\_\_\_  
Year \_\_\_\_\_  
(Last) (First) (Middle Initial)  
Home Address City/Zip Code \_\_\_\_\_  
Home Address of Parents City/Zip Code \_\_\_\_\_  
Date of Birth/Place of Birth \_\_\_\_\_

I have read the condensed individual eligibility rules of Faith Baptist School that appear below and believe I am eligible to represent my present high school in athletics.

**INDIVIDUAL ELIGIBILITY RULES**

Academic ineligibility is determined as follows:

- 1. A student has one "F" and an overall grade point average below 2.0.
- 2. A student has an overall grade point average below 2.0.

Eligibility is determined three times during each quarter, Eligibility is determined at each Edline posting of grades and using the results of the nine-week report card. Semester and exam grades are not used for determining eligibility. Eligibility affects student participation in athletics, student council, and other school-related organizations and extra-curricular activities. Students who earn a minimum of 40 demerits are subject to probation penalty (see Junior and Senior High Discipline). Students who are tardy on the day of a game must report to school by 9:00 a.m. or they will not be eligible to play that day's game. Students who earn a minimum of 40 demerits are subject to probation penalty (see Junior and Senior High Discipline).

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ACKNOWLEDGEMENT OF RISK AND INSURANCE STATEMENT** (to be completed and signed by parent/guardian)

I give permission for \_\_\_\_\_ (name of child/ward) to participate in any of the following sports that are not crossed out: baseball, basketball, cheerleading, soccer, softball, volleyball.

I have reviewed the individual eligibility rules and I am aware that with the participation in sports comes the risk of injury to my child/ward. I understand that the degree of danger and the seriousness of the risk varies significantly from one sport to another with contact sports carrying the higher risk. I have had an opportunity to understand the risk inherent in sports through meetings, written handouts, or some other means. I will not hold school authorities responsible in case of accident or injury as a result of this participation. He/she has student accident insurance available through the school (yes no); has athletic participation insurance coverage through the school (yes no); is insured by our family policy with:

Name of Company: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Name of Policy Holder: \_\_\_\_\_

I am aware that participating in sports will involve travel with the team. I acknowledge and accept the risks inherent in the sport and with the travel involved and with this knowledge in mind, grant permission for my child/ward to participate in the sport and travel with the team.

By this signature, I hereby consent to allow the physician(s) and other health care provider(s) selected by myself or the school to perform a pre-participation examination on my child and to provide treatment for any injury or condition resulting from participating in athletics/activities for his/her school during the school year covered by this form. I further consent to allow said physician(s) or health care provider(s) to share appropriate information concerning my child that is relevant to participation in athletics and activities with coaches and other school personnel as deemed necessary.

Parent Signature: \_\_\_\_\_

Parent Emergency Contact Number(s): \_\_\_\_\_



The pre-participation physical examination is not a substitute for a thorough annual examination by a student's primary care physician

**PART II - - MEDICAL HISTORY- Explain "Yes" answers below**

**This form must be completed and signed, prior to the physical examination, for review by examining practitioner. Explain "Yes" answers below with number of the question. Circle questions you don't know the answers to.**

| GENERAL MEDICAL HISTORY  |  | Yes                      | No                       | MEDICAL QUESTIONS (cont)   |  | Yes                        | No                       |
|--|--|--------------------------|--------------------------|--|--|----------------------------|--------------------------|
| 1. Has a doctor ever denied or restricted your participation in sports for any reason?   |  | <input type="checkbox"/> | <input type="checkbox"/> | 29. Do you have groin pain or a painful bulge or hernia in the groin area?                                 |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 2. Do you currently have an ongoing medical condition? If so, Please identify: <input type="checkbox"/> Asthma <input type="checkbox"/> Anemia <input type="checkbox"/> Diabetes <input type="checkbox"/> Infections <input type="checkbox"/> Other:   |  | <input type="checkbox"/> | <input type="checkbox"/> | 30. Have you had mononucleosis (mono) within the last month?   |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 3. Have you ever spent the night in the hospital?  |  | <input type="checkbox"/> | <input type="checkbox"/> | 31. Do you have any rashes, pressure sores, or other skin problems?  |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 4. Have you ever had surgery?  |  | <input type="checkbox"/> | <input type="checkbox"/> | 32. Have you ever had a herpes or MRSA skin infection?   |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| HEART HEALTH QUESTIONS ABOUT YOU   |  | Yes                      | No                       | 33. Are you currently taking any medication on daily basis?  |  | <input type="checkbox"/> * | <input type="checkbox"/> |
| 5. Have you ever passed out or nearly passed out DURING or AFTER exercise?   |  | <input type="checkbox"/> | <input type="checkbox"/> | 34. Have you ever had a head injury or concussion? If so, date of last injury:                             |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 6. Have you ever had discomfort, pain, or pressure in your chest during exercise?  |  | <input type="checkbox"/> | <input type="checkbox"/> | 35. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?     |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 7. Does your heart race or skip beats during exercise?   |  | <input type="checkbox"/> | <input type="checkbox"/> | 36. Do you have headaches with exercise?   |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 8. Has a doctor ever told you that you have (check all that apply):<br><input type="checkbox"/> High Blood Pressure <input type="checkbox"/> A heart murmur<br><input type="checkbox"/> High cholesterol <input type="checkbox"/> A heart infection<br><input type="checkbox"/> Kawasaki disease <input type="checkbox"/> Other: |  | <input type="checkbox"/> | <input type="checkbox"/> | 37. Have you ever been unable to move your arms or legs after being hit or falling?                        |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 9. Has a doctor ever ordered a test for your heart? (For ex: ECG/EKG, echocardiogram)  |  | <input type="checkbox"/> | <input type="checkbox"/> | 38. When exercising in heat, do you have severe muscle cramps or become ill?                               |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 10. Do you get lightheaded or feel more short of breath than expected during exercise?   |  | <input type="checkbox"/> | <input type="checkbox"/> | 39. Has a doctor told you that you or someone in your family has sickle cell trait or sickle cell disease? |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 11. Have you ever had an unexplained seizure?  |  | <input type="checkbox"/> | <input type="checkbox"/> | 40. Have you had any other blood disorders?  |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| HEART HEALTH QUESTIONS ABOUT YOUR FAMILY   |  | Yes                      | No                       | 41. Have you had any problems with your eyes or vision?  |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 12. Has any family member or relative died of heart problems or had an unexpected sudden death before age 50 (including drowning, unexplained car accident, or sudden infant death syndrome)?  |  | <input type="checkbox"/> | <input type="checkbox"/> | 42. Do you wear glasses or contact lenses?   |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 13. Does anyone in your family have a heart problem?   |  | <input type="checkbox"/> | <input type="checkbox"/> | 43. Do you wear protective eyewear, such as goggles or a face shield?                                      |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 14. Does anyone in your family have a pacemaker or implanted defibrillator?  |  | <input type="checkbox"/> | <input type="checkbox"/> | 44. Do you worry about your weight?  |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 15. Does anyone in your family have Marfan syndrome, cardiomyopathy, or Long Q-T?  |  | <input type="checkbox"/> | <input type="checkbox"/> | 45. Are you trying to or has any professional recommended that you try to gain or lose weight?             |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 16. Has anyone in your family had unexplained fainting, unexplained seizures, or near drowning?  |  | <input type="checkbox"/> | <input type="checkbox"/> | 46. Do you limit or carefully control what you eat?  |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| BONE AND JOINT QUESTIONS   |  | Yes                      | No                       | 47. Do you have any concerns that you would like to discuss with a doctor?                                 |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 17. Have you ever had an injury, like a sprain, muscle or ligament tear, or tendonitis that caused you to miss a practice or game?   |  | <input type="checkbox"/> | <input type="checkbox"/> | 48. What is the date of your last Tdap or Td(tetanus) immunization? (circle type) Date:                    |  |                            |                          |
| 18. Have you had any broken or fractured bones or dislocated joints?   |  | <input type="checkbox"/> | <input type="checkbox"/> | 49. Do you have an allergy to medicine, food or stinging insects?  |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 19. Have you had a bone or joint injury that required x-rays, MRI, CT, surgery, injections, rehabilitation, physical therapy, a brace, a cast, or crutches?  |  | <input type="checkbox"/> | <input type="checkbox"/> | FEMALES ONLY   |  |                            |                          |
| 20. Have you ever had an x-ray of your neck for atlanto-axial instability? OR Have you ever been told that you have that disorder or any neck/spine problem?   |  | <input type="checkbox"/> | <input type="checkbox"/> | 50. Have you ever had a menstrual period?  |  | <input type="checkbox"/>   | <input type="checkbox"/> |
| 21. Have you ever had a stress fracture of a bone?   |  | <input type="checkbox"/> | <input type="checkbox"/> | 51. Age when you had your first menstrual period? _____  |  |                            |                          |
| 22. Do you regularly use a brace or assistive device?  |  | <input type="checkbox"/> | <input type="checkbox"/> | 52. How many periods have you had in the last 12 months? _____   |  |                            |                          |
| 23. Do you currently have a bone, muscle, or joint injury that bothers you?  |  | <input type="checkbox"/> | <input type="checkbox"/> | EXPLAIN "YES" ANSWERS BELOW:   |  |                            |                          |
| 24. Do any of your joints become painful, swollen, feel warm, or look red?   |  | <input type="checkbox"/> | <input type="checkbox"/> | # _____ » _____  |  |                            |                          |
| 25. Do you have a history of juvenile arthritis or connective tissue disease?  |  | <input type="checkbox"/> | <input type="checkbox"/> | # _____ » _____  |  |                            |                          |
| MEDICAL QUESTIONS  |  | Yes                      | No                       | # _____ » _____  |  |                            |                          |
| 26. Do you cough, wheeze, or have difficulty breathing during or after exercise?   |  | <input type="checkbox"/> | <input type="checkbox"/> | # _____ » _____  |  |                            |                          |
| 27. Do you have asthma or use asthma medicine (inhaler, nebulizer)   |  | <input type="checkbox"/> | <input type="checkbox"/> | # _____ » _____  |  |                            |                          |
| 28. Were you born without or are you missing a kidney, an eye, a testicle, spleen or any other organ?  |  | <input type="checkbox"/> | <input type="checkbox"/> | *List medications and nutritional supplements you are currently taking here:                               |  |                            |                          |



### PART III – PHYSICAL EXAMINATION

(Physical examination form is required each school year dated after May 1 of the preceding school year and is good through June 30<sup>th</sup> of the current school year)\*\*

NAME \_\_\_\_\_ Date of Birth \_\_\_\_\_ School \_\_\_\_\_

|                             |        |                               |                                 |       |  |
|-----------------------------|--------|-------------------------------|---------------------------------|-------|--|
| <b>Date of EXAMINATION:</b> |        |                               |                                 |       |  |
| Height                      | Weight | <input type="checkbox"/> Male | <input type="checkbox"/> Female |       |  |
| BP                          | /      | Resting Pulse                 | Vision R 20/                    | L 20/ | Corrected <input type="checkbox"/> Yes <input type="checkbox"/> No |

| MEDICAL                    | NORMAL | ABNORMAL FINDINGS |
|----------------------------|--------|-------------------|
| Appearance                 |        |                   |
| Eyes/ears/nose/throat      |        |                   |
| Lymph nodes                |        |                   |
| Heart                      |        |                   |
| Pulses                     |        |                   |
| Lungs                      |        |                   |
| Abdomen                    |        |                   |
| Genitourinary (males only) |        |                   |
| Skin                       |        |                   |
| Neurologic                 |        |                   |

| MUSCULOSKELETAL    | NORMAL | ABNORMAL FINDINGS |
|--------------------|--------|-------------------|
| Neck               |        |                   |
| Back               |        |                   |
| Shoulder/arm       |        |                   |
| Elbow/forearm      |        |                   |
| Wrist/hand/fingers |        |                   |
| Hip/thigh          |        |                   |
| Knee               |        |                   |
| Leg/ankle          |        |                   |
| Foot/toes          |        |                   |
| Functional         |        |                   |

**Medical Practitioner to School Staff (please indicate any instructions or recommendations here)**

|  |   |
|--|---|
| Emergency medications required on-site | <input type="checkbox"/> Inhaler <input type="checkbox"/> Epinephrine <input type="checkbox"/> Glucagon <input type="checkbox"/> Other: |
|--|---|

**Comments:**

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I have reviewed the data above, reviewed his/her medical history form and make the following recommendations for his/her participation in athletics.

- CLEARED WITHOUT RESTRICTIONS**
- CLEARED WITH FOLLOWING NOTATION:** \_\_\_\_\_
- Cleared **AFTER** documented further evaluation or treatment for: \_\_\_\_\_
- Cleared for **Limited participation** (check and explain "reason" for all that apply): "*Limited Until Date*" when appropriate
  - Not cleared for (specific sports) \_\_\_\_\_ Until Date: \_\_\_\_\_
  - Reason(s): \_\_\_\_\_
- NOT CLEARED FOR PARTICIPATION Reason** \_\_\_\_\_

*By this signature, I attest that I have examined the above student and completed this pre-participation physical including a review of Part II – Medical History.*

Physician Signature: \_\_\_\_\_ (†MD, DO, LNP, PA) . Date\*\* \_\_\_\_\_  
Circle one

Examiner's Name and degree (print): \_\_\_\_\_ Phone Number \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**† Only signatures of Doctor of Medicine, Doctor of Osteopathic Medicine, Nurse Practitioner or Physician's Assistant licensed to practice in the United States will be accepted**